

TORONTO Schedule

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

06:45 - 07:15
BOXING

06:45 - 07:15
BURN & BOX

09:30 - 10:15
KIDS 7-12

10:30 - 11:15
KICKBOXING

11:30 - 12:15
BOXING

12:00 - 12:45
BOXING

12:00 - 12:45
KICKBOXING

12:00 - 12:45
BOXING

12:00 - 12:45
BOX & BURN

12:00 - 12:45
BOXING

12:30 - 1:15
BOX & BURN

4:30 - 5:15
KIDS 7-12

5:30 - 6:15
BOXING

5:30 - 6:15
BOXING

5:30 - 6:15
BOXING

5:30 - 6:15
KIDS 7-12

6:30 - 7:15
KICKBOXING

06:30 - 7:15
BOX & BURN

6:30 - 7:15
KICKBOXING

6:30 - 7:15
BOXING

6:30 - 7:15
KICKBOXING

7:30 - 8:15
BOX & BURN

7:30 - 8:15
BOXING

7:30 - 8:15
BOXING

7:30 - 8:15
KICKBOXING

7:30 - 8:15
BOXING

8:30 - 9:15
KICKBOXING
DRILLS